



# TELEHEALTH POLICIES AND IMPLEMENTATION

Telehealth offers the potential to leverage technology to expand health care services. It could allow people living in rural areas to receive needed care from physicians who are hundreds of miles away, expand the reach of specialists, or provide physicians the opportunity to learn new treatments and procedures.

Many states are already working on policies and regulations to expand the use of telehealth, but there remain widespread obstacles to full adoption of these new technologies. Among those challenges are physician practice standards and licensure, coverage and reimbursement, patient consent, and evidence of effectiveness and quality care.

RTI International's telehealth services experts can help you address many of those concerns. We can provide guidance and technical support to plan and implement systems; manage pilot and demonstration programs; and monitor and evaluate efforts to that ensure they prove effective, in quality of care and cost.



Let us  
help you

Conduct needs assessments and policy analyses

Develop state-specific telehealth implementation guidelines

Design tools and resources to assist providers in their readiness to implement telehealth

Assist in identifying and selecting demonstration programs

Evaluate and monitor telehealth programs to support continuous improvement

Determine the return on your investment and identify policy impacts



Forty-nine states and Washington, DC, have some form of Medicaid reimbursement for telehealth in their public programs.

**RTI's telehealth work involves planning for, implementing, and evaluating telehealth programs across the United States; our work includes the following:**

- Developing readiness assessment tools in the Mid-Atlantic
- Evaluating the use of telehealth in the Southeast's school-based health clinic setting
- Exploring the use of telehealth to help address the opioid epidemic in the Northeast



of health care providers currently offer or plan to provide telehealth services.

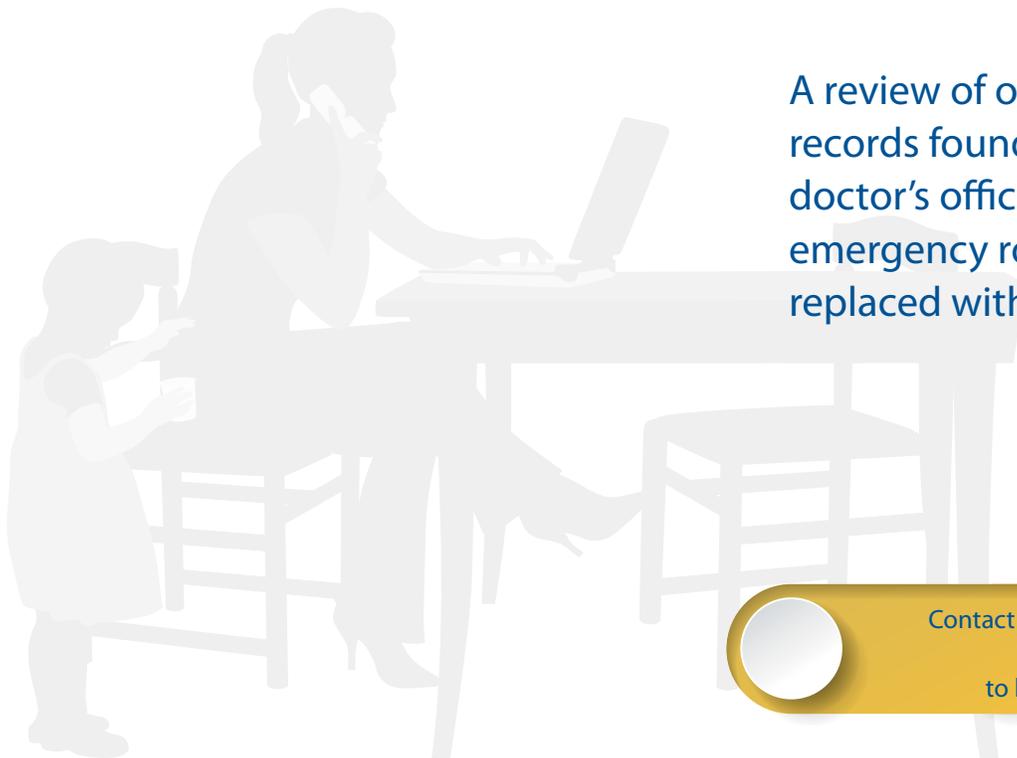


of large employers (companies with at least 5,000 employees) offer telehealth as a benefit.



of health care providers have realized up to 20% in savings from telehealth services.

A review of older patients' medical records found that 38% of visits to a doctor's office and 27% of visits to an emergency room could have been replaced with telehealth.



Contact **Saira Haque**, Senior Health Informaticist, at [shaque@rti.org](mailto:shaque@rti.org) or **919.316.3442** to learn more about ways to partner with us.

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